

Kimotion Family Day Home

March 2011

Parent Newsletter

Parent Fees are due the 1st working day of every month and no later than the 3rd working day. Late fees of \$20.00 will be applied on the 2nd working day.

Late Office Opening

March 31st until 6:30pm to accommodate fee payments

Childcare will be terminated on the close of the 3rd working day if payment is not received.

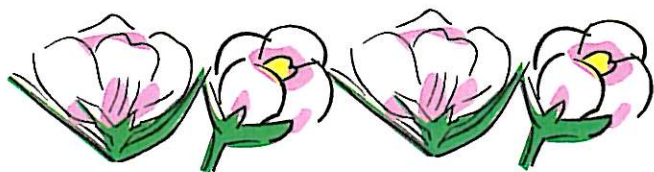
Please remember that due to security precautions the Agency does not keep any cash on site - if you are paying your fees with cash please call in advance so that you will know the exact amount to bring in.

Subsidy Contact Information

Central Alberta Region 4
C.F.S.A.
3rd Floor Bishop's Place
4826 Ross Street
T4N 1X4
403-340-5338

www.child.gov.ab.ca/childcaresubsidy

****Note: Subsidy is the parents' responsibility!**



#9, 4921-49 Street Red Deer AB T4N 1V2

Ph: 403-343-8347 or 403-343-8450 Fax: 403-343-8357

email: kimmotion@shaw.ca

Website: kimmotionfamilydayhome.com

Kimotion Family Day Home has developed a Community Services Guide - to assist parents when looking for programs and services for children in the Red Deer and Delburne areas. If you are interested in obtaining a copy please call the Agency at 403-343-8347



Alberta
Approved
Family
Day Homes



Scholastic Book
Orders Due
March 15th

Parents - Please let the Agency know if there is anything you would like to see posted in our monthly newsletters ~ is there any topics you would like more information on?

SECURE

MAIL SLOT!

We now have a secure mail slot at the Agency. On the left of the door there is a mail slot that goes directly into the office - please feel free to use this for child care fee payments.



2ième / 2nd Edition
Red Deer
Carnaval
de Red Deer

March 4 & 5 mars 2011
Bower Ponds



Nous recherchons des
bénévoles

acfardmarketing@shawbiz.ca
(403) 986-4350

We need volunteers
www.carnavaldereddeer.com
www.reddeercarnaval.com

IF YOU WOULD LIKE TO
RECEIVE THIS
NEWSLETTER
VIA E-MAIL
PLEASE NOTIFY THE
AGENCY OFFICE

Outdoor Fitness Gyms in Red Deer

They're Free and Accessible 24/7

Outdoor gyms are an adult outdoor playground. It doesn't matter if you are a beginner, or you have an established fitness routine, you can get a great workout here. The best part? The Gyms are FREE for everyone to use. Training sessions are available through the Red Deer Primary Care Network. Gather your friends and neighbours and call 403-343-9100 to set up a free 'training session' in your neighbourhood.

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| <ul style="list-style-type: none"> • Glendale Park - Glendale Blvd. and Greig Dr. • Victoria Park - Corner of Allan St. and Ayers Dr. • Oriole Park - 5204 Kerrywood Dr. • Barrett Park - 4725 - 43 St. (next to Kinex Arena) • Primary Care Network Office - 5130 - 47 St. | <ul style="list-style-type: none"> • Bower Place - 460 Barrett Dr. • Mountview - 4316 - 32 St. • Riverside Meadows - 5616 Kerry Wood Dr. • Rosedale - 2 Rowland St. • Johnstone Crossing - 105 Jenner Crescent |
|--|---|



In Canada, time is under provincial and territorial jurisdiction, not federal. Since at least the 1970s, all provinces and territories have matched their DST start and end dates to those used in the United States, and when the U.S. Congress changed the rules effective 2007 the provinces and territories (except Saskatchewan) changed their time legislation to match. Since 2007, their DST starts on the second Sunday in March, and returns to standard time on the first Sunday of November, to coincide with the U.S. dates. Most of Saskatchewan does not technically observe DST but rather observes a skewed 'standard time' that has been advanced one hour forward permanently (that is, observing what is sometimes known as 'year-round DST').

<http://healthycanadians.gc.ca/kids>

Road Safety

Car seats are about to get bigger because of new Safety regulations from Transport Canada. The seats will be widened and lengthened and the weight limits will rise



Road Safety

Protecting your kids when you're on the road

Parents can spend a lot of time driving with their kids -- to and from appointments and activities, out running errands or travelling to visit family and friends. To make sure any children you drive with are as safe as they can be, check out these tips and guidelines on everything from choosing the right-sized car seat to knowing when a child is ready to advance to the next stage of car restraint.

Did You Know...

You should replace your child's car seat if you've had a collision and your seat was in the car at the time -- even if your child was not riding with you.

Did You Know...

Cars made after September 1, 2002 have Universal Anchorage System (UAS) anchor bars. Check the owner's manuals of your children's car seat and of the vehicle for the correct UAS installation instructions and seating positions.



The Father Involvement Program

Helping Fathers Help Their Children



The vision of FIP in Central Alberta is to increase the quality of fathers' involvement with their children. Encouraging father involvement means building a strong emotional connection between a father, his children and their mother too. It also means building a strong support network with extended family and the community.

The Father Involvement Program is designed to focus on building the co-parenting relationship between mom and dad. We encourage the bond between dad and his kids through dynamic, interactive workshops for families.



Who Can Attend?

If you are a male, who:

- is 18 years or older
- lives in Central Alberta,
- is a father, or father figure of at least one child from the ages of 0 to 7 years
- has a functional relationship with their child's mother, and she is willing to participate in the program.

Our free workshops begin in February and again in September of each year. More sessions may be offered if required. Transportation and childcare are available.



For more information call Dennis at 403.309-5834 or visit our website at www.fsca.ca



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